Coastal Together

















Instil | Understand | Learn | Become

13th May 2023

Dear Parents and Carers,



We are thrilled to announce an exciting opportunity for our students to engage in a fitness circuit led by none other than Paralympian athlete Kylie Grimes on Wednesday 5th June! As the 2024 Olympics draw near, we believe this event will not only inspire our children but also promote the importance of health and fitness in their lives.

Kylie Grimes, a triple Paralympian who has participated in the London, Rio, and Tokyo games, will be leading a fitness circuit for each class. Followed by an inspirational assembly and Q&A session. During this time, she will share valuable insights about the significance of healthy eating, regular exercise, and her journey as an athlete.

As a token of participation, each child will receive an ActivKids UK wristband. Additionally, there will be other prizes available to motivate and reward our young participants.

We encourage you to support this initiative by participating in our sponsorship forms, which will be sent home today. Our goal is to raise at least £250, which will benefit both our school and athletes like Kylie Grimes. Your generous contributions will enable us to continue providing enriching experiences for our students while also supporting the endeavours of remarkable athletes like Kylie.

We have exciting challenges lined up for our students to spur on sponsorship. We are challenging them to participate in the National Walk to School Week for the week commencing 20th May.

To take part and achieve your sponsorship support from family and friends you can:

- Walk or bike to school
- Take an evening walk
- Join the Mundesley Mile during National Walk to School Week. For the Junior School, it will take place in the morning from 8.40 to 8.50 am on the school field, while the Infant School will complete it at the end of break time, with no changes to the drop-off routine.

Donations can be made conveniently online via School Money. Simply specify your desired amount to donate, then proceed to add it to your basket where it will display as £20.00 automatically. Alternatively, the donations can be sent into school in a sealed envelope with your child's name **no later than Friday 24th May.** We will keep you updated on the progress of donations and express our gratitude for your support.

We are truly excited about this upcoming event and the positive impact it will have. Thank you for your continued support and involvement in our school community.



